

ANNUAL REPORT



2021 - 2022



regina
foodbank

FIGHTING HUNGER FEEDING HOPE

MESSAGE FROM THE CHAIR



JEFF LINNER

CHAIR, BOARD OF DIRECTORS

Last year continued to be of historic uncertainty as the effects of a global pandemic persisted and interrupted the return to normalcy and connection that we all craved. Regina Food Bank continues to rise to the challenge and anticipate and adapt to extraordinary levels of demand. Systems and process are evolved and adopted in alignment to our strategic priorities to get food to people who need it, where they need it. This is all possible because of the support of our community. Your generous support through food and funds overwhelms us and your commitment to our work ensures that no one goes hungry. Our volunteers' selfless donation of their time and energy means we can continue to be neighbours feeding neighbours.

We know that more food will not be the answer to eliminating food insecurity, but supporting the needs of our community today is critical as we move forward towards systemic change. We evolve and modernise our data collection to make sure we can leverage that information to make the best decisions possible. We prioritize optimizing the way we engage with stakeholders and collaborate with like-minded organizations to create the maximum positive impact as we advocate for policy change and address root causes of food insecurity. It takes time to make meaningful and systemic change. We celebrate the successes along the way knowing that there is more work ahead.



The Board aligns decision making to our strategic plan to advance our priorities and adjusting our course as necessary. As we enter the fortieth year of Regina Food Bank's incorporation and operation, we celebrate the impact of our storied organization and continuing our vision of a city where no one faces hunger alone. While we may never be without a food bank in Regina, as we look forward we can celebrate the impacts of our work today in reducing the need for a food bank as we work collectively to fight hunger and feed hope.

A handwritten signature in black ink, appearing to read "Jeff Linner".

MESSAGE FROM THE CEO

JOHN BAILEY
CHIEF EXECUTIVE OFFICER



The spirit of Regina is a caring one that pulls together to make sure no one in our community is left behind. It is the spirit of neighbours feeding neighbours and it has pulled our city and our food bank through challenges in the past. Perhaps no set of challenges where more bracing to our resolve than the effects of a global pandemic. A community built on connectedness whether it is cheering for the Riders at Mosaic Stadium or giving the gift of time by volunteering at the food bank the feeling of isolation brought perhaps the most significant impact of all. Despite this physical distance, we found a way to pull together to ensure this crisis did not leave a wake of lasting damage. We have been and continue to be together and our belief in the power of a caring community gives us the strength to persevere.

We are emerging from immediate effects of the Covid 19 pandemic, but the consequences continue to challenge us in different and new ways every day. We will continue to band together to make sure we are providing positive and lasting impact on the community we all care so deeply about.

Despite the current confluence of events, we still took time to plan our future. We continue to redefine how we partner with the community to ensure we maximize our impact without duplicating services. We are developing and strengthening partnerships with key organizations and growing our voice in advocacy. We state emphatically that no food bank wants to get bigger but we will never shy away from our responsibility to support those facing food insecurity. To this end we continue to strengthen our sustainability coupling the real world experience and an increased emphasis on data to make that whenever anyone in our city needed support we would be there. The arc of change covers a vast expanse on time and we will not see the changes needed to put a meaningful dent in food insecurity adopted overnight but global pandemic made real to many what food insecurity, however temporary, is like, this awareness of the need for domestic food security and recognition for those who work tirelessly to ensure it for others.



IMPROVE ACCESS TO FOOD



Regina Food Bank improves access to food for people with the highest need. We are committed to decreasing barriers to access for all those facing food insecurity.



72,149
food hampers

22% increase from last year



120,378
points of service

22% increase from last year



50,251
households

19% increase from last year



12,505
individuals

49% increase from last year

	2021	2020
children	47,647	38,901
adults	59,719	49,438
seniors	13,012	10,595

39%

of food bank users
are children

SOURCE HEALTHY FOODS



2,768,482 lbs
of healthy, quality food diverted from the landfill



\$7,331,899
of nutritious food collected through donations

ACTIVATE OUR CITY



Volunteers are the heartbeat of Regina Food Bank. Every day they show up and make a difference, enabling us to deliver **120,378** points of service to our clients who live with food insecurity. Every volunteer has their own story for why they give back. Some are former food bank users, others are new Canadians learning English as a second language, and they are all neighbours feeding neighbours.



10,943
HOURS
volunteered



3,448 SHIFTS
volunteered

ACTIVATE OUR CITY



Betty was a registered nurse, until a serious illness impaired her vision and forced her to retire from the profession. Her purpose in caring for others was taken from her.

"My son said to me, 'When are you going to stop feeling sorry for yourself?' so I came to Regina Food Bank and I've been here ever since."

In that moment she decided she was going to reclaim her purpose, to care for others.

So much so, that when anyone from our warehouse team tears any part of their uniform, Betty takes each garment home to mend by hand, despite only having vision in one eye. For three years, Betty has been sorting and bagging thousands of pounds of fresh produce, and training new volunteers every week.

"My favorite part is knowing what I do is helping my community and I work with some amazing people. They treat each client with dignity and respect. Having to raise four children as a single parent, I emphasize the struggles of raising a family on a low income."

"Regina Food Bank provided me with a way to give back. Volunteering here is the best thing I have done for myself and for others."

Shining the refrigerator light on Betty

BETTY
VOLUNTEER



“

My son said to me, 'When are you going to stop feeling sorry for yourself?' so I came to Regina Food Bank and I've been here ever since. Volunteering here is the best thing I have done for myself and for others.

INNOVATE DELIVERY

Addressing and decreasing barriers to access food, programs and supports by adapting how we do our work.



13

food banks across
southern Saskatchewan



114

community agency
partners & schools



28,600
deliveries



4 community
fridges



9,570 kms
travelled to deliver food



2,499 kms
travelled to collect food

DONORS & COMMUNITY INVESTMENT PARTNERS

Access Communications	Jackson's YIG
Alliance Pipeline Limited Partnership	Jim & Patricia Tanner
Angus Roger Stabner	Kelly Wilson
Angus Stabner	Klippenstine, CPA Professional Corporation
Ann & Roger Phillips Foundation	KLM Ventures Ltd
Avena Foods	Knight Automotive Ltd.
Avena Foods	Lang, Milestone United Church
Barry Lee	Leander & Angeline Dueck
Bennett Dunlop Ford	Ledcor Charitable Foundation
Brandt Tractor Ltd.	Leopold's Tavern
CanMar Foods	Lily Street Foundation
Chandler Oils Ltd.	Lily Street Foundation
Chicken Farmers Of Saskatchewan	Mark Hendrickson
Chisholm Thomson Family Foundation	McLean Foundation
Clifton Engineering Group Inc.	Metis Nation Saskatchewan
Colin McAllister	Mike's YIG
Conexus Credit Union	Mila's
Consumers' Co-operative Refineries Limited	No Frills
Custom Agricultural Intelligence Incorporated	Pile O' Bones Brewing Company
Darla Slonetzky	Purolator Courier Ltd.
Dilawri Group of Companies	Real Canadian Superstore
Dr. Susan Petryk	Regina Roman Catholic Separate School Division
Drake Meats	Richard Turnbull
Enbridge	Robin Hughes Medical Prof Corp
Enterprise Holdings Foundation	RoLo Farms Ltd.
Estate Of Glenn Lemchuk	Saskatchewan Gaming Corporation
Estate of Linda Hall	Sherwood Co-Op
Evraz Inc.	Sobeys
Farm Credit Canada	Storagevault Canada Inc.
FreshCo	Terry Oehler
Fries Tallman Lumber	The Grow Room
Garrett Schous	The Mosaic Company
Gary Drummond	Victoria's Tavern
Glenda Knutson	Viterra North America
Harvard Developments Inc.	Walmart Canada
Health Sciences Association Of Saskatchewan	Westcan Bulk Transport Ltd.
	Wheat Country Motors
	WOCO Foundation
	Zoemed Clinic Regina

INSPIRE GENEROSITY



Regina Food Bank is committed to creating a culture of support that deepens the engagement of our current donors and broadens our appeal to new supporters

MOSAIC MILLION MEAL CHALLENGE

You answered our rallying call to join the Mosaic Million Meal Challenge and you helped us raise **1.35 million** meals in food and funds to feed our neighbours.

Donors, schools, workplaces, grocery stores, and small businesses championed our fundraising goal, and for the second year in a row, we passed the one million meal goal thanks to you!

The **Mosaic Company** helps the world grow the food it needs, and that starts with feeding our local community. They matched your donations with a **\$50,000** investment, contributing **150,000** meals to this total.



VITERRA FARMERS FEEDING FAMILIES

We announced a major partnership that is transforming how we feed our community. **Viterra North America** Farmers Feeding Families is a multi-year investment in food security and food nutrition valued at over **\$1 million dollars**.

The initiative sees partners across the agriculture value chain collaborate to fight hunger. Viterra is purchasing pulses from Saskatchewan farmers. The pulses are bagged by **CanMar Foods**, and distributed by Regina Food Bank, allowing children and adults who depend on us more nutritious and inclusive food choices.

Over **200,000** locally grown and bagged pulses will be added to Regina Food Banks' food choices, and shared with 50 community based organizations. A new fleet of vehicles allows us to delivery these pulses, and food cooked in the Conexus Commercial Kitchen to families in our community

Viterra has long and proud history of working closely with farmers to help feed the world and our relationship continues to help feed our neighbours.

We share our heartfelt gratitude for **Conexus Credit Union**, **CanMar Foods**, **Bennett Dunlop Ford**, and **Agriculture and Agri-Food Canada**, who have all rallied around us to help deliver Viterra Farmers Feeding Families.



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DILAWRI HAMPERS OF HOPE

A new \$100,000 investment from Dilawri Group of Companies funded over 2,500 Dilawri Hampers of Hope. These hampers filled pantries & fridges over the holiday season enriching the holiday experience for thousands of our neighbors.

 **DILAWRI** | CANADA'S LARGEST AUTOMOTIVE GROUP

HAMPERS OF HOPE
FOR REGINA FOODBANK



FRONT DOOR FOOD DRIVE

We introduced the Front Door Food Drive, with our friends, Casino Regina. You opened your cupboards and pantries to donate nutritious, non-perishable food items, and we collected 9,350 meals from 365 front doors! Casino Regina matched every ten lb food donation, up to \$10,000, raising the total to 39,350 meals!



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COMMUNITY LAGER

The community filled our cups. **Pile O' Bones Brewing Company**, **Leopold's Tavern**, and **Victoria's Tavern** banded together to help feed our neighbours and raised **80,282** meals.

We introduced the Community Lager, a limited edition beer, brewed by Pile O' Bones. Proceeds from can and keg sales supported Regina Food Bank and our neighbours in the Queen city and communities across Southern Saskatchewan.



SHOW N' SHINE

When passionate people get together what they can accomplish is truly amazing. Thousands of people & hundreds of classic car enthusiasts gathered at the fourteenth annual **Access Communications Labour Day Show N' Shine**, in support of Regina Food Bank to raise **\$41,236**! Thank you to our partner **Access Communications**, and presenting sponsor **CAA Saskatchewan** for investing in our community

OUR PEOPLE

TEAM

Kabita Acharya Jenn Marchi
John Bailey Chelsea McDonald
Rebeca Casas Jamie Nielson
David Froh Chantel Obey
Kim Baker Tarryn Pratt
Austin Coleman Emily Reaume
Melissa Fiacco Ilse Sinnett
Chad Forrest Megan Sinnett
Darcy Fraser Andrea Soby
Biniam Haile Stephanie Wenger
Jered Kirkland Wondwosen Wmariam
Vanessa Malave

BOARD OF DIRECTORS

Jeff Linner **Chair**
Sophie Perreault **Past-Chair**
Shauna Flaman **Vice-Chair**
Aziz Aboudheir **Director**
Ryan Babey **Director**
Kaytlyn Barber **Director**
Jacques DeCorby **Director**
Josh Fink **Director**
Sean Kosier **Director**
John Lax **Director**
Kris Parker **Director**
Carole Sauer **Director**
Jada Yee **Director**

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